

# Outside

## The 12 Best Hotel Gyms in the United States

Gone: The days of treadmills shoved into ugly hotel closets. Here: The hotel gym you wish you could take home.

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When Equinox Holdings launches its **first-ever hotel** in 2018 on the far west side of Manhattan, it will be the largest fitness brand to branch out directly into the hotel business. It's an interesting move, but Equinox is just hopping on a bandwagon: Many hotels are partnering with fitness brands to upgrade their workout facilities. While hitting urban trails or bike shares is usually a better option, humidity, time constraints, and freezing temps can make getting outside a hard call. But don't sweat it, fit travelers, here's where to check in.



### Hilton Anatole, Dallas



Photo: Courtesy of Hilton Anatole

The **Verandah Club** at the Hilton Anatole encompasses 80,000 square feet and is filled with cardio machines with 15-inch TVs; studios for Spinning, barre, and other classes; a vast array of weights; a Kenesis room, a boxing gym, and racquetball and squash courts; and a 25-meter lap pool. The seven-acre park outside offers a quarter-mile cushioned running track, tennis courts, and a full basketball court. The club recently added a spa to help you recover.